



Introduction

Welcome to *It's Up 2U: Alcohol, Tobacco, & Other Drugs Prevention*

Children's Health Education Center (CHEC) has developed *It's Up 2U: Alcohol, Tobacco, & Other Drugs prevention*, an immersive, game-based learning program for you and your students. *It's Up 2U* fulfills National Health Education Requirements. You can use the program as a complete solution to your drug prevention curriculum needs, or you can divide it into smaller activities to suit your current curriculum.

Spend some time in the fictitious town of Westport, where you'll meet a cast of characters whose lives have been affected by drugs in various ways. Their opinions and actions will put your students in the position to make positive, long-lasting choices about drugs.

It's Up 2U Program Curriculum

SCOPE & SEQUENCE

1. Reference Grid
2. Learning Objectives
3. Learning Objectives Grid

CHEC-IN ACTIVITIES

1. CHEC-In Pre-test
2. Welcome to Westport

CORE CURRICULUM

1. Day 1
 - Interactive Library Book
 - Mrs. Riley Information-Gathering Conversation
 - Choose Your Action: Liquor Cabinet
 - Teacher Conversation Test
2. Day 2
 - Police Station WebQuest
 - Sergeant Information-Gathering Conversation
 - Choose Your Action: Spray Paint
 - Seth Drug Myth Conversation
 - Librarian Conversation
 - True Stories Videos
3. Day 3
 - Library WebQuest
 - Classmates' Drug Presentations
 - Whiteboard Activity: Drug Effects
 - Mrs. Riley Information-Gathering Conversation
 - Choose Your Action: Cigarettes
4. Day 4
 - Crime Reports
 - LaToya Information-Gathering Conversation
 - Monica Drug Myth Conversation
 - Newspaper Column and Letter to the Editor
5. Day 5
 - Home WebQuest
 - Josh Information-Gathering Conversation
 - LaToya Drug Myth Conversation
 - Filing Cabinet Matching Activity
6. Day 6
 - Parent Goal Evaluation Conversation
 - Librarian Review Conversation

- Library Review Items: Interactive Library Book, True Stories Videos, WebQuest
- Monica Conversation Test
- Partier Conversation Tests
- Seth Conversation Test

CHEC-OUT ACTIVITIES

1. **CHEC-Out Post-test**

SERVICE LEARNING

1. **Service Learning Project**