

Destination Respiration

Welcome

Children's Health Education Center (CHEC) has developed a fun, interactive educational program for your students that fulfills National Health Education requirements. The program can be used as a complete solution to your respiratory system needs, or it can be used as a supplement to your current curriculum. Meet Mollie Mai, Kate, CJ, and Raj as they learn about the respiratory system and interact with your students in this highly engaging program!

CHEC PROGRAMS

Our online curriculum is brought to you by the health education experts at Children's Health Education Center, affiliated with Children's Hospital of Wisconsin, one of the leading pediatric hospitals in the country. CHEC has a number of other program opportunities for you and your students, and is also a great health education resource for you. For more information go online at www.bluekids.org or call us at (866) 228-5670.

QUESTIONS?

Do you have questions about the *Destination Respiration* program?

Contact us at: help@BlueKids.org

Destination Respiration Program Curriculum

CHEC-IN ACTIVITIES

1. What Do You Know?
2. What Do You Think?
3. Mystery of the Magic Locker

CORE CURRICULUM

1. The Respiratory System in Action
 - Ride the Respiratory Rollercoaster
 - Dive to the Diaphragm
2. Take Good Care of Yourself
 - Cues for You...Healthy Choices
3. What Can Go Wrong
 - Cues for You...Symptoms
 - Infection Detection
4. Irritants and Allergens
 - Cues for You...Irritants and More
 - Grime Scene Investigation
5. Asthma
 - Asthma WebQuest
 - Asthma Crossword Puzzle
6. What You Do Can Hurt
 - Cues for You...Safe Choices
 - Stuck in the Lungs
7. What We Can Do Together
 - Air Quality WebQuest
 - Anatomy Academy Challenge

CHEC-OUT ACTIVITIES

1. Who Wants to be the Ultimate Oxygenator
2. What Did You Learn?
3. What Do You Think Now?