

Safe Ways, Safe Words

Suggested CHEC-out activities

Books

- “Keep Kids Safe: A Parent’s Guide to Child Safety,” Shaw, Ellen. AAL Qualitylife Resources, 2001.

Web sites

- Safe Kids Worldwide, www.safekids.org
- Wisconsin Poison Center, www.wisconsinpoison.org
- U.S. Consumer Product Safety Commission, www.cpsc.gov
- American Academy of Pediatrics, www.aap.org
- The Children’s Partnership, www.childrenspartnership.org

1 Home safe home

Have students make diagrams of their homes. Encourage students to take the diagram home and work with their parents to plan escape routes their family could use if a fire blocked the front door.

2 Safety posters

Have students create posters promoting helmet use for bike riding, skateboarding, rollerblading or participating in sports such as baseball or football. Display the posters throughout the school.

3 Hello, 9-1-1...

Role-play situations where someone might need to call 9-1-1 for help. Have students dial 9-1-1 on a disconnected or toy telephone. Remind them to tell the operator their name, phone number, address and what happened, and to let the operator hang up first.

4 Safety skits

In groups, ask students to perform safety skits. As in the video shown at CHEC, ask the students to include topics like water safety, playground safety, using sidewalks, answering the door, locking doors and medicine safety. After the students have practiced their skits, they can perform them for the class or younger students.