



Children's Health
Education Center™

A member of Children's Hospital and Health System.



1533 N. RiverCenter Drive, Milwaukee, WI 53212
Phone (414) 765-9355 • Toll-free (866) 228-5670

Fax (414) 765-0996

BlueKids.org

Safety on the Go

Suggested CHEC-out activities

Books

- "The Safety Book for Active Kids: Teaching Your Child to Avoid Everyday Dangers," Schwartz, Linda. Learning Works, 1995.
- "Stop, Drop and Roll (A Book About Fire Safety)," Cuyler, Margery. Simon & Schuster Children's Publishing, 2001.
- "I Can Be Safe: A First Look at Safety," Thomas, Pat. Barron's Educational Series, 2003.

Web sites

- American Academy of Pediatrics,
www.aap.org
- Children's Health Education Center,
www.bluekidsorg
- Education Development Center, Inc.,
www.edc.org
- I'm Safe!,
www.imsafe.com
- Keep Kids Health,
www.keepkidshealthy.com
- National Association for the Education of Young Children,
www.naeyc.org
- Safe Kids Worldwide,
www.safekids.org

1 Safety vehicles

Show various pictures of emergency vehicles and have the students identify the safety person that matches the vehicle. You could even invite a local firefighter, EMT or police officer to your class.

2 9-1-1

Create different emergency situations and have students pretend to call 9-1-1. Discuss the information they need to provide: full name, address, phone number and a description of what happened. Tell students they should stay on the phone until the operator hangs up.

3 Playground police

Have students inspect the school's playground. Discuss how to use equipment safely and what to do if someone gets hurt.

4 Seasonal safety

Brainstorm things students do and places they go during different seasons. For example: summer picnics, jumping in fall leaves, ice skating in winter and spring vacations. Have students make safety posters for their favorite activities.

5 Safety sing-a-long

We are Safe
Sung to the tune of "Here We Go 'Round the Mulberry Bush."

This is the way that we are safe, we are safe, we are safe.
This is the way we are safe.
Every day of the year.

This is the way we cross the street.
Look left, then right. Left then right.
This is the way we cross the street.
Look left, then right. Left then right.

This is the way we ride in a car.
Sit up straight. Buckle your belt.
This is the way we ride in a car.
Sit up straight. Buckle your belt.
Buckle your belt for safety.