

Welcome

Children’s Health Education Center (CHEC) has developed *Act Now! Bullying Stops With You*, an immersive, game-based learning program for you and your students. *Act Now!* aligns with National Health Education Standards. This highly engaging program is a great way to enhance your current bullying prevention curriculum.

Act Now! takes place in a complex learning environment. The program is designed to “hide” learning to the extent that students will feel more comfortable – and therefore more inclined to make choices they would make in real life – during game play. However, the program is still meant to serve as a measurable learning experience.

Students will spend some time at Newbridge Middle School, a fictitious junior high, where they will meet a cast of characters whose lives have been affected by bullying in various ways. Their opinions and actions will put your students in the position to make positive, long-lasting choices about bullying.

CHEC-In Activities prepare your students to learn by introducing characters and concepts that will be addressed throughout the program. A pre-test is also included to assess students’ current knowledge. The core curriculum presents accurate, up-to-date information using a variety of instructional methods to engage your students. The CHEC-Out Activities allow students to re-assess what they’ve learned.

CHEC has a number of other program opportunities for you and your students, and is a great health education resource for you. Check us out at: BlueKids.org.

Do you have questions about CHEC’s *Act Now!* program? Contact us at: chec@chw.org.

Act Now! Program Curriculum

CHEC-In Activities (Online Activities)

- Attitude survey (15 min.)
- Pre-test (15 min.)
- Welcome to Newbridge (15 min)

CHEC-In Activities (Other Activities)

- Vocabulary Overview (15 min.)

Total Online Time: 45 min.

Total Other Time: 15 min.

Total Time: 60 min.

Core Curriculum (Online activities)

- Act Now! (25 min.)
 - **Character 1**
 - Whiteboard Message
 - Ms. Augustine Conversation
 - Interactive Library Activity, chat with Zink
 - **Character 2**
 - Zink Campaign Conversation
 - Cell Phone Text from Character 1
 - Conversation about New Girl
 - **Character 3**
 - Conversation with New Girl
 - Ms. Augustine Conversation
 - Cell Phone Text from Character 2
 - Bully New Girl Conversation
- Optional - Game can be played through once more so students can make other choices and see alternate outcomes (25 min.)

Core Curriculum (Other activities)

- 6-minute Scripts (40 min.)
- Create a Campaign (40 min.)
- Letter Writing Activity (40 min.)

Core Curriculum (Parent Involvement Activities)

- Parent Interview (15 min. for in class discussion)

Total Online Time: 25 – 50 min.

Total Other Time: 2 hr. 15 min.

Total Time: 2 hr. 40 min. – 3 hr. 5 min.

CHEC-Out (Online Activities)

- Post-test (15 min.)
- Journaling Activity/Discussion Thread (10 min.)
- Attitude Survey (15 min.)

Total Online Time: 40 min.