



Sexually Transmitted Infections

Suggested CHEC-out activities

1 Questions for your CHEC educator

Students will be left with an e-mail address (checeducator@chw.org) if they have further questions. Encourage students to follow up via e-mail if they have questions or concerns regarding the lesson. Important: Students must be reminded that any correspondence is confidential. However, questions or concerns should be appropriate to the material addressed in the classroom.

2 STI research

Have students work in small groups and research sexually transmitted infections. There are more than 200 STIs, so encourage each group to pick one that was not covered in the program. Have students present their findings to the class.

3 Teen magazine

Have students write an article for their own teen magazine about different STIs they learned about in the CHEC STI program, or that were researched by students. Once the articles are complete, compile them into a magazine and make copies for the entire class.

4 Don't be a sucker

Bring in two unwrapped suckers. Make sure one is clean and the other is dirty and dusty. Pass each sucker around the classroom and ask which one students would eat. Discuss that people would be more likely to eat the clean sucker than the dirty one. However, they do not know where either sucker has been. Explain that looking at a person does not reveal if she or he has an STI.

Books

- “Changing Bodies, Changing Lives: A Book for Teens on Sex and Relationships,” Bell, A. and Bell, R. 1998 *Recommended for grades 8 and up.

Videos

- “Just Thought You Oughta Know,” The Medical Institute. (800) 892-9484.
- “Sex: everyone’s Doin’ It...Not!,” (www.pbs.org/inthemix/)

Web sites

- Planned Parenthood, www.plannedparenthood.org
- Healthfinder, www.healthfinder.gov
- City of Milwaukee Health Department, www.ci.mil.wi.us
- American Foundation for AIDS Research, www.amfar.org
- Network for Family Life education, Rutgers University, www.sexetc.org
- Centers for Disease Control & Prevention, <http://cdc.gov/std/>