



Reproduction

Suggested CHEC-out activities

1 Fetal development

Ask students to research fetal development. Place students in work groups and assign each group a month of development (from conception to birth). Students can research how the embryo or fetus is developing, what it looks like and what kinds of things it can do. Ask students to share their findings with the rest of the class.

2 Public service announcements

Arrange students in small groups to create public service announcements that encourage teen abstinence. Students can focus on the consequences of sex, characteristics of a healthy relationship or healthy date-night activities. Encourage students to be creative. Ask students to share their findings with the class.

3 Cost of raising a child

Have students research the actual cost of raising a child in their city or state. Students can create a monthly budget sheet that includes all the costs of raising a child such as diapers, wipes, formula, food, day care and clothing. Encourage students to interview new parents or their own parents about the costs of raising children.

4 Ask a CHEC educator

Students may submit questions relating to reproduction to checeducator@chw.org. A CHEC educator will answer their questions via email. All correspondence is confidential. However, questions or concerns should be in line with the material addressed in the classroom.

Books

- “Changing Bodies, Changing Lives: A Book for Teens on Sex and Relationships,” Bell, A. and Bell, R. 1998.
*Recommended for grades 8 and up.

Video

- “Nova: The Miracle of Life,” (www.amazon.com).
- “Sex: Everyone’s Doin’ It...Not!,” (www.pbs.org/inthemix/).

Web sites

- The National Campaign to Prevent Teen Pregnancy, www.teenpregnancy.org
- Planned Parenthood, www.plannedparenthood.org
- U.S. Department of Health and Human Services, www.healthfinder.gov
- American Social Health Association, www.iwannaknow.org