



It's Up 2U

Alcohol, tobacco and other drugs
Grades 6, 7 and 8

Complete alcohol, tobacco and other drug education online.

It's Up 2U uses game-based learning to explore the effects of marijuana, tobacco, alcohol, inhalants and over-the-counter and prescription drugs. Students explore the imaginary town of Westport, where Adrian has just died from an overdose. Your students will explore how and why Adrian overdosed and work to prevent it from happening to another student. Students will meet some friends – Monica, Seth, Michael and LaToya – while learning about different drugs and their effects. Using a virtual cell phone and journal will help students keep track of what happened to Adrian.

Students who participate in *It's Up 2U* will:

- Explore a virtual town where they learn important drug-related and prevention concepts.
- Talk with the local librarian, teacher, police officer and other community members that introduce or reinforce content.
- Choose actions and experience the rewards or the consequences associated with those actions.
- Observe videos and interact with online resources.
- Log experiences in a journal.
- Complete web quests.



It's Up 2U can be used as a complete solution to your substance abuse prevention curriculum needs or as a supplement to your current health education initiatives. It encourages students to use critical thinking and decision-making skills while engaging them through interactive, game-based methods. *It's Up 2U* features a comprehensive guide that prepares teachers to use CHEC's e-learning solution in their classrooms.

The teacher's guide provides:

- Details of all activities and lessons.
- Learning objectives aligned with National Standards and core concepts.
- Classroom implementation strategies.
- Alternative teaching delivery methods.
- Take-home activities.
- Additional resources.

It's Up 2U is an affordable solution. You may purchase the course on a one-time basis or by an annual license agreement through your school district. Program discounts are available to fit classroom or school district budgets. For more information, log on to www.HealthyKidsLearnMore.org, or e-mail CHEC at chec@chw.org.



Course name

It's Up 2U

Target age group

Grades 6-8

Course content

Substance abuse prevention, physical effects and consequences of drug use, short- and long-term goals and positive alternatives to drug use

Instructional strategies

A total of 30 interactive learning activities and games that include pre- and posttests.

Target course length

Flexible format can be presented as part of regular curriculum in eight to ten classroom hours or as a component of a counseling program presented in segments over the course of semester.

Technical requirements

High-speed Internet connection, sound card, video card, headphones. PCs or Macs.

Aligned to the following standards

- Health content meets the criteria of the National Health Education Standards.
- Curriculum meets technology standards as defined by the International Society for Technology in Education in the National Educational Technology Plan.

Support materials

- Teacher's guide.
- E-mail tech support.

All BlueKids.org online curriculum is brought to you by the health education experts at CHEC. Affiliated with Children's Hospital of Wisconsin, one of the leading pediatric hospitals in the country, CHEC is committed to partnering with teachers to help students make healthy choices for life.